

# Is God Qualified to Help Me?

## Psalm 121

In Psalm 121 the Psalmist identifies Jehovah as his Helper: “My help cometh from the LORD.” He then states that his Helper is the very One who made the heavens and the earth (*Psalm 121:1-2*). His point is very clear. The all-powerful, all-wise God who created this universe in six days is certainly able to help me in whatever problem I presently face.



Remembering what God has done in the past can greatly encourage God’s people today. Jehoshaphat was facing a huge invasion by the Moabites and others. This godly king turned to God in prayer, remembering what God had done for Israel in the past: “O LORD God of our fathers, art not Thou God in heaven? And rulest not Thou over all the kingdoms of the heathen?...Art not Thou our God who didst drive out the inhabitants of this land before Thy people Israel?” (*2 Chron. 20:6-7*). The King knew that the same God who drove out the Canaanites in Joshua’s day, is the same God who could help him against the invading armies, and he could confidently “stand still and see the salvation of the LORD” (*2 Chron. 20:17*).

How helpful it is to remember the mighty acts of God in the past! If God caused the sun to stand still so that Joshua would have a very long day to defeat his enemies (*Joshua 10:13-14*), is not this same God more than sufficient to overcome whatever difficulties I might face? Lions were no problem for Daniel; fire was no problem for Daniel’s friends; the Red Sea was no barrier to the children of Israel, nor was the Jordan River at flood stage. Jehovah has proved repeatedly that nothing is too hard for Him, and that with Him all things are possible.



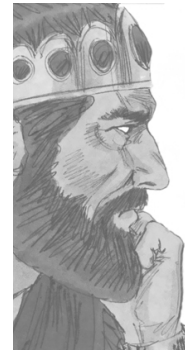
Whatever Goliaths I might face, I am fully persuaded that God is able! The battle is the LORD’s!

~George Zeller: [www.middletonbiblechurch.org](http://www.middletonbiblechurch.org)

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